



Celebration Circle TM

A Living Tribute to Our Loved Ones

How many times have you attended a memorial service and thought, "I wish _____ could have heard all of the wonderful things said?"

Have you ever experienced the deep sadness that comes from having left something unsaid to a loved one?

Have you ever heard a loved one question the impact of his/her life? Do you sometimes question the impact of your own life?

Imagine this: You are sitting in a circle of family and friends. You look around, one to one, and you see their smiles and you see their love. It is pouring to you in their words, their laughter, and in their stories. They are saying things such as:

"Because of you, I had this experience. Thank you."

"When you did this, it touched me in this way."

"You modeled for me how to be this kind of person."

"I honor you for what you brought to my world."

Now you can make this memorable event happen!

Today is the day to create a loving, living tribute to your loved one.

A Celebration Circle is a gift to be given to those who may not be with us long!

Prepare Yourself to Conduct a Celebration Circle!

- Four coaching sessions with your action group
- Copy of Liza Ely's book *Conscious Acts of Grace*, and accompanying CD *Breathe in Life*
- PDF Workbook for course

To Register:

- Go to www.CenterofWellBeing.com and select the date of your action group. Additional information is provided online.
- Payment is made online and a confirmation email with participation details will be sent.

4 CEU hours available
LPC, Provider #5418
Social Worker, Provider #1057

Become a Certified Celebration Circle Facilitator

- Mail DVD of your Circle to Liza for evaluation and feedback.
- Receive a one hour individual coaching session, and more training as needed.
- Upon successful completion and approval, certification will be awarded.



Center of Well-Being



Liza Ely, M.S., is a licensed professional counselor and contributor to *More Random Acts of Kindness*. During her three decades of professional experience in mental health and wellness, she has counseled, trained, and supervised others in gathering tools for living their best life. Her book *Conscious Acts of Grace - Gifts of Love and Kindness at the End of Life* and her CD, *Breathe in Life*, provide positive alternatives when faced with a loss of a loved one. As creator of *Celebration Circles*, she is committed to supporting others in taking action for living a life of no regrets.